



***God sees you. God loves you.
God wants a relationship with you.***

"I don't matter to anyone anymore."

"For a long time I felt lonely. Now I just feel numb."

"The only person I regularly talk to is the person who brings meals on wheels."

"I'm just existing. I don't feel I have a purpose anymore."

NCBAM can help your church to plan, implement, and maintain its own **One Hope** ministry to those suffering in your community. **NCBAM's One Hope** workshop includes:

- An overview of social isolation and loneliness
- Methods for identifying those most at risk
- Training "communicators" and "encouragers"
- Tips, tools, and resources for incorporating prayer, evangelism, and discipleship
- Evidence-based health coach techniques that are client-focused and results-driven
- When and how to refer other needs
- Developing community-based solutions

Call **877.506.2226** to schedule a **One Hope** workshop for your church.

**The NCBAM Hope Line
866.578.4673**

The Hope Line receives calls
Daily, 9am-9pm.

Trained volunteers and staff respond with a friendly voice, a compassionate ear, and missional hearts to pray with and for people.

"We weren't made to be alone. God wired us for connection—to Himself and to others. A spiritual response to the isolation and loneliness epidemic is the answer because it provides the connection we were all made to have."

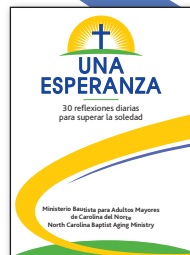
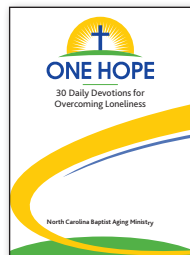
– Dr. Sandy C. Gregory, Director, NCBAM

Mission

To offer the **One Hope of the Father, who is above all, and through all, and in all** to those experiencing social isolation and loneliness. To **connect** the lonely with **community**, and ultimately, with **Christ**.

Vision

A world in which frail older adults are **not isolated or lonely**, where elders are **connected**, valued in their **communities**, and have a relationship with **Christ**.



One Hope: 30 Daily Devotions for Overcoming Loneliness is available for purchase in English or Spanish. **FREE** downloads and audio versions of this award-winning book are also available.

SCAN
to learn
more!



A spiritual response
to isolation & loneliness

CONNECTION COMMUNITY CHRIST

*There is one body and one Spirit, just as you were called in **one hope** of your calling; one Lord, one faith, one baptism; one God and Father of all, who is above all, and through all, and in you all.*

– Ephesians 4:4-6



North Carolina Baptist Aging Ministry
877.506.2226 • ncbam.org

A ministry of Baptist Children's Homes of North Carolina